

CONFIDENTIAL SERVICES

Crisis Hotlines

National Suicide Prevention Lifeline	(800) 273-8255	suicidepreventionlifeline.org
Community Helpline	(877) 541-2525	chelpline.org/wordpress
Hotline of Southern CA	(562) 596-5548	hotlineofsocal.org/Hotline_of_Sox.html
DMH Crisis Hotline ACCESS	(800) 854-7771	losangeles.networkofcare.org/mh/emergency-services.aspx

Youth Hotlines

CA Youth Crisis Line	(800) 843-5200	calyouth.org/ca-youth-crisis-line
Covenant House Nine Line for Youth	(800) 999-9999	teenlineonline.org/yyf/covenant-house-nineline
Kid Help	(800) 668-6868	kidshelpphone.ca
The Trevor Project	(866) 488-7386	thetrevorproject.org
Advocates for Youth	(202) 419-3420	advocatesforyouth.org
Parents and Friends of Lesbians and Gays (PFLAG)	N/A	pflagmanhattanbeach.org
The Gay Straight Alliance	N/A	aystraightalliance.org GSANetwork.org

Sexual & Reproductive Health

Planned Parenthood	(800) 576-5544 (213) 284-3369	plannedparenthood.org/health-center
Love is Respect	(866) 331-9474	loveisrespect.org
Young Men's Health	N/A	youngmenshealthsite.org
Center for Young Women's Health	N/A	youngwomenshealth.org
American Sexual Health Association I Wanna Know	(919) 361-8400	iwannaknow.org
Sex, Etc.	N/A	sexetc.org
Afraid to Ask	N/A	afraidtoask.com
Teen Source	N/A	teensource.org
Stay Teen	N/A	stayteen.org

Testing & Medical Care for HIV and STIs

Planned Parenthood	(800) 576-5544 (213) 284-3369	plannedparenthood.org/health-center
The Center Long Beach	(562) 434-4455	centerlb.org/healthservices
South Bay Family Healthcare Center	(310) 318-2521	gettested.cdc.gov/display/organization/south-bay-family-healthcare-center
Urgent Care Center of South Bay	(310) 542-9758	gettested.cdc.gov/display/organization/urgent-care-center-south-bay

Pregnancy Prevention Care

Planned Parenthood	(800) 576-5544 (213) 284-3369	plannedparenthood.org/health-center
Family Planning Association-Women's Health	(310) 373-1042	fpawomenshealth.com/locations/torrance-ca
Family Pact	(916) 650-0414	familypact.org

Assistance with Sexual Assault & Intimate Partner Violence

Redondo Beach Police Department Domestic Violence Advocacy Program	(310) 379-2477 Ext. 1-2336	redondo.org/depts/police/police_services/community_services_unit/domestic_violence_advocates.asp
Assaults Against Women Hotline	(310) 392-8381	peaceoverviolence.org/hotlines
Sexual Assault 24/7 YMCA Crisis Hotline	(877) 943-5778	ywcagla.org/what-we-do/programs/sexual-assault
The National Domestic Hotline	(800) 799-7233	thehotline.org
L.A. County Domestic Violence	(800) 978-3600	dpss.lacounty.gov/wps/portal/dpss/main/programs-and-services/specialized-supportive-services/domestic-violence
National Sexual Assaults Online Hotline	(800) 656-4673	online.rainn.org